

# Biofortified Varieties: Sustainable Way to Alleviate Malnutrition





*Fourth Edition*

# **Biofortified Varieties: Sustainable Way to Alleviate Malnutrition**

Devendra Kumar Yadava  
Partha Ray Choudhury  
Firoz Hossain  
Dinesh Kumar  
Tilak Raj Sharma  
Trilochan Mohapatra



**Indian Council of Agricultural Research**  
New Delhi 110 001



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Dr. Trilochan Mohapatra  
Secretary, Department of Agricultural Research and Education & Director General,  
Indian Council of Agricultural Research, Krishi Bhavan, New Delhi - 110001

***Designed by:***

Dr. Firoz Hossain & Dr. Devendra Kumar Yadava  
ICAR-Indian Agricultural Research Institute, New Delhi -110 012

***Contributors:***

All the developers of the varieties and hybrids

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बीते 6-7 सालों में साइंस और टेक्नॉलाजी को खेती से जुड़ी चुनौतियों के समाधान के लिए प्राथमिकता के आधार पर उपयोग किया जा रहा है । विशेष रूप से बदलते हुए मौसम में, नई परिस्थितियों के अनुकूल, अधिक पौषण युक्त बीजों; इस पर हमारा फोकस बहुत अधिक है । हाल के वर्षों में अलग अलग फसलों की ऐसी 1300 से अधिक सीड वैराइटीज, बीज की विविधताएँ, तैयार की गई हैं । इस शृंखला में आज 35 नई ओर क्रॉप वैराइटीज देश के किसानों के चरणों में समर्पित की जा रही हैं। ये क्रॉप वैराइटीज, ये बीज, जलवायु परिवर्तन के प्रभाव से खेती की सुरक्षा करने और कुपोषण मुक्त भारत के अभियान में बहुत सहायक होने वाला ये हमारे वैज्ञानिकों के शोध का परिणाम है। ये नई वैराइटीज, मौसम की कई तरह की चुनौतियों से निपटने में सक्षम तो हैं ही, इनमें पौष्टिक तत्व भी ज्यादा हैं ।

– Prime Minister of India on the occasion of dedication of  
35 special trait varieties to the nation  
on 28<sup>th</sup> September, 2021





. . . भारत में पौषण अभियान को ताकत देने वाला एक और अहम कदम आज उठाया गया है। आज गेहूँ और धान सहित अनेक फसलों के 17 नए बीजों की वैराइटी देश के किसानों को उपलब्ध कराई जा रही है। हमारे यहाँ अक्सर हम देखते हैं कि कुछ फसलों की सामान्य वैराइटी में किसी न किसी पौष्टिक पदार्थ या micronutrient की कमी रहती है। इन फसलों की अच्छी वैराइटी - Biofortified variety इन कमियों को दूर कर देती है, अनाज की पौष्टिकता बढ़ाती है। . . . ऐसे बीजों की research और development में भी बहुत प्रशंसनीय काम हुआ है . . . ।

- Prime Minister of India on the occasion of World Food Day  
on 16<sup>th</sup> October, 2020



# **POSHAN Abhiyaan**

PM's Overarching  
Scheme for Holistic  
Nourishment



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**सही पोषण - देश रोशन**



नरेन्द्र सिंह तोमर  
NARENDRA SINGH TOMAR



कृषि एवं किसान कल्याण मंत्री  
भारत सरकार  
कृषि भवन, नई दिल्ली  
MINISTER OF AGRICULTURE & FARMERS WELFARE  
GOVERNMENT OF INDIA  
KRISHI BHAWAN, NEW DELHI

D.O. NO. 120/JAM



## MESSAGE

It gives an immense pleasure to state that, while India braved through COVID-19 pandemic, it achieved all time high food grain production of 308.65 million tonnes during 2020-21. This amounts to an enhancement of 6.1-fold with respect to 50.8 million tonnes in 1950-51. The bumper food grain production is primarily attributed to cultivation of high yielding crop varieties and hybrids developed by the National Agricultural Research System (NARS) led by Indian Council of Agricultural Research (ICAR).

Malnutrition has emerged as a major health problem. It affects growth and development, and reduces the work efficiency in humans, besides having huge economic and societal implications. Among various avenues, crop biofortification has emerged as the most sustainable and cost-effective approach to address malnutrition. I am happy to learn that ICAR and State Agricultural Universities (SAUs) have made significant progress in development of high yielding biofortified varieties and hybrids in cereals, millets, pulses, oilseeds, vegetables and fruits. Dedication of 29 biofortified crop cultivars in two batches to the nation by Hon'ble Prime Minister during 2020-21 is an endorsement of country's preparedness to alleviate malnutrition through a sustainable approach.

The information on biofortified cultivars was earlier published in the form of a booklet entitled '*Biofortified Varieties: Sustainable Way to Alleviate Malnutrition*'. Now this publication has been updated through 'fourth edition' with 87 biofortified varieties of 16 different crops. I congratulate the developers of these varieties and hybrids, and appreciate the ICAR for this significant initiative.

  
(NARENDRA/SINGH TOMAR)



कैलाश चौधरी  
KAILASH CHOUDHARY



कृषि एवं किसान कल्याण  
राज्य मंत्री  
भारत सरकार  
MINISTER OF STATE FOR AGRICULTURE  
& FARMERS WELFARE  
GOVERNMENT OF INDIA



## MESSAGE

**H**ealthy food contributes to healthy society. Though we have achieved record food grain production in recent past, widespread malnutrition in the country remains worrisome. Malnutrition not only affects growth and development in humans, but also causes severe economic loss. Nutritious grains rich in essential nutrients play pivotal role in providing balanced food in sustainable manner.

I am pleased to learn that Indian Council of Agricultural Research (ICAR) led National Agricultural Research System (NARS) has developed and released 87 nutrition-rich crop cultivars in important crops like rice, wheat, maize, pearl millet, finger millet, small millet, lentil, groundnut, linseed, mustard, soybean, cauliflower, potato, sweet potato, greater yam and pomegranate. These cultivars have been improved for essential nutrients viz., iron, zinc, calcium, protein, lysine, tryptophan, provitamin-A, anthocyanin, vitamin-C, oleic acid and linoleic acid. The concentration of several anti-nutritional factors viz., erucic acid, glucosinolates and trypsin inhibitor has been significantly reduced in some of the cultivars. Off-flavour of soybean grains has also been reduced. These biofortified cultivars with balanced concentration of nutrients are also high yielding, thus ideal for meeting country's 'food and nutrition security'.

I am sure that the bulletin entitled '**Biofortified Varieties: Sustainable Way to Alleviate Malnutrition**' would serve as the catalyst to achieve 'food and nutrition security' in the country, and remove malnutrition in all forms by 2030 as envisaged in the Sustainable Development Goals (SDGs).

(KAILASH CHOUDHARY)



शोभा करांदलाजे  
SHOBHA KARANDLAJE



राज्य मंत्री  
कृषि एवं किसान कल्याण  
भारत सरकार  
Minister of State For  
Agriculture & Farmers Welfare  
Government of India  
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## MESSAGE

**H**ealth is wealth – the age-old saying has paramount importance in the wake of COVID-19 pandemic. Balanced nutrition plays the central role in the growth and development of mind and body, and contributes to the societal and economic well-being. Malnutrition affects people of all ages including infants, young children, adolescent girls, pregnant women, adult women and men, besides elderly people. So it is our utmost duty as citizen to contribute to the nation's growth by alleviating malnutrition in all forms by 2030 as envisaged by the United Nations.

Though various strategies viz., 'food-fortification', 'medical-supplementation' and 'dietary-diversification' are used to alleviate malnutrition, they do not offer sustainable solution as these avenues are often limited by lack of purchasing power, robust distribution systems and crop seasonality. On the contrary, 'crop biofortification' has emerged as the preferred choice as it is sustainable and cost-effective, and nutrients reach the target people in natural form.

I am extremely happy to know that Indian Council of Agricultural Research (ICAR) led National Agricultural Research System (NARS) has developed 87 biofortified varieties of cereals, millets, pulses, oilseeds, vegetables and fruits through plant breeding approach. I am sure that these varieties would contribute to nation's food and nutritional security more effectively. The bulletin entitled '**Biofortified Varieties: Sustainable Way to Alleviate Malnutrition**' would help in their popularization. My heartiest congratulations to all the developers of these biofortified cultivars.

*Shobha Karandlaje*

(SHOBHA KARANDLAJE)





सत्यमेव जयते

त्रिलोचन महापात्र, पीएच.डी.

सचिव एवं महानिदेशक

**TRILOCHAN MOHAPATRA, Ph.D.**

SECRETARY & DIRECTOR GENERAL



भारत सरकार  
कृषि अनुसंधान और शिक्षा विभाग एवं  
भारतीय कृषि अनुसंधान परिषद

कृषि एवं किसान कल्याण मंत्रालय, कृषि भवन, नई दिल्ली 110 001

GOVERNMENT OF INDIA

DEPARTMENT OF AGRICULTURAL RESEARCH & EDUCATION

AND

INDIAN COUNCIL OF AGRICULTURAL RESEARCH

MINISTRY OF AGRICULTURE AND FARMERS WELFARE

KRISHI BHAVAN, NEW DELHI 110 001

Tel.: 23382629; 23386711 Fax: 91-11-23384773

E-mail: dg.icar@nic.in

## FOREWORD

Nutrition plays central role in growth and development of healthy mind and body. We are committed to providing a better and sustainable future for all the citizens through nutrition and food security. Our aim is to ensure healthy lives and promote well-being of people of all ages through nutritious food. It has been estimated that alleviating malnutrition is one of the most cost-effective measures, with every \$1 invested in proven nutrition programme offering benefits worth \$16.

ICAR has developed 87 biofortified cultivars in 16 crops that can be integrated into the food chain to enable better health of human and animal populations. Of these, 48 cultivars are multi-nutrient-dense in nature with two or more traits combined in a single genotype. Dedication of biofortified crop cultivars on October 16, 2020 (World Food Day) and September 28, 2021, respectively by the Hon'ble Prime Minister to the nation is a testimony to the commitment of the country and of the Indian Council of Agricultural Research (ICAR) towards fulfilling country's food and nutrition security. This bulletin entitled, "*Biofortified Varieties: Sustainable Way to Alleviate Malnutrition*" highlights the yield potential along with respective nutritional characteristics of the varieties for propagation and use in the country. I do hope that the information contained in this bulletin will be of immense use towards building a malnutrition free India.

(T. MOHAPATRA)

Dated: 24 January, 2022

New Delhi



# Contents

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	<b>Page No.</b>
<i>Messages</i>	<i>vii-xi</i>
<i>Foreword</i>	<i>xiii</i>
<b>Introduction</b>	<b>1</b>
<b>Types of malnutrition</b>	<b>2</b>
<b>Global Hunger Index &amp; status of malnutrition</b>	<b>3</b>
<b>Nutrients and their functions</b>	<b>6</b>
<b>Sustainable development goals (SDGs)</b>	<b>9</b>
<b>Why biofortification ?</b>	<b>10</b>
<b>Crop</b>	<b>Traits improved</b>
Rice	Protein & Zinc 11
Wheat	Protein, Iron & Zinc 19
Maize	Lysine, Tryptophan & Provitamin-A 47
Pearl millet	Protein, Iron & Zinc 61
Finger millet	Iron, Zinc & Calcium 70
Little millet	Iron & Zinc 73
Lentil	Iron & Zinc 74
Groundnut	Oleic acid 76
Linseed	Linoleic acid 78
Mustard	Erucic acid & Glucosinolates 79
Soybean	Trypsin inhibitor, Lipoxygenase & Oleic acid 85
Cauliflower	Provitamin-A 90
Potato	Anthocyanin 91
Sweet potato	Provitamin-A & Anthocyanin 93
Greater yam	Anthocyanin, Protein, Iron, Zinc & Calcium 95
Pomegranate	Iron, Zinc & Vitamin-C 97
<i>Summary of biofortified crops</i>	98
<i>Nutrients: Baseline and levels achieved</i>	100
<i>Breeder seed production</i>	102
<i>Scaling-up through partnership</i>	105
<i>References</i>	106





## Introduction

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Nutritious diet is vital for proper growth and development in humans. It helps in preventing diseases, besides maintaining the body metabolism for physical- and mental- well being. Food provides energy, protein, essential fats, vitamins, antioxidants and minerals to meet our daily metabolic requirement<sup>1</sup>. Most of them cannot be synthesized in human body, therefore are to be supplemented through diet. Further, anti-nutritional factors present in edible parts of the food exert adverse affects on human health.

Indian Council of Agricultural Research (ICAR) has improved the nutritional quality in high yielding varieties of cereals, pulses, oilseeds, vegetables and fruits using breeding methods<sup>2,3,4</sup>. Special efforts were initiated during 12<sup>th</sup> Plan with the launching of a special project on Consortium Research Platform on Biofortification. Concerted efforts in collaboration with other national and international initiatives has led to the development of 87 varieties of rice (8), wheat (28), maize (14), pearl millet (9), finger millet (3), small millet (1), lentil (2), groundnut (2), linseed (1), mustard (6), soybean (5), cauliflower (1), potato (2), sweet potato (2), greater yam (2) and pomegranate (1). In addition, a large number of advance elite materials are in pipelines and will be released in due course of time. These biofortified varieties assume great significance to achieve nutritional security of the country<sup>1,2, 3,4</sup>.

Special efforts are being made to popularize these biofortified varieties among masses. Quality seeds of biofortified varieties are being produced and made available for commercial cultivation. Extension Division of ICAR has also launched two special programmes viz. Nutri-sensitive Agricultural Resources and Innovations (NARI) and Value Addition and Technology Incubation Centres in Agriculture (VATICA) for up-scaling the biofortified varieties through its Krishi Vigyan Kendras (KVKs)<sup>1</sup>.



## Types of malnutrition

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Malnutrition is caused by consumption of unbalanced diet<sup>1</sup>. It affects most of the world's population at some point in their lifecycle during infancy to old age. Every country experiences one or the other form of malnutrition. It affects all geographies, age groups and people from rich to poor. Malnutrition exists in different forms<sup>5</sup>:

- **Undernutrition:** Lack of proper nutrition caused by not having enough food.
- **Stunting:** Low height as per age in children under five years of age due to limited access to food, health and care.
- **Wasting:** Thin for their height in children under five years of age because of acute food shortages or disease.
- **Micronutrient deficiencies:** Suboptimal nutritional status caused by lack of intake, absorption or use of one or more vitamins or minerals.
- **Moderate and severe thinness or underweight:** A body mass index (BMI = weight in kg/height in m<sup>2</sup>) <18.5 indicates underweight in adult populations, while a BMI <17.0 indicates moderate and severe thinness.
- **Overweight and obesity:** Excessive weight as per height is classified as overweight and obesity in adults. BMI ≥25 is considered overweight, while ≥30 is treated as obesity.

## Global Hunger Index (GHI)

The Global Hunger Index (GHI) is a tool for comprehensively measuring and tracking hunger at global, regional, and national levels over recent years and decades<sup>6</sup>. GHI score is based on a formula that involves three dimensions of hunger, viz., (i) insufficient caloric intake (undernourishment) in the population, (ii) undernutrition among children, and (iii) child mortality using four indicators<sup>6</sup>:

- **Undernourishment:** Share of the population that is undernourished, reflecting insufficient caloric intake.
- **Child wasting:** Share of children (<5 years) who possess low weight for height, reflecting acute undernutrition.
- **Child stunting:** Share of children (<5 years) who possess low height for age, reflecting chronic undernutrition.
- **Child mortality:** Mortality rate of children (<5 years).

GHI Severity Scale				
≤ 9.9 low	10.0-19.9 moderate	20.0-34.9 serious	35.0-49.9 alarming	≥ 50.0 extremely alarming
	10	20	35	50

- GHI of 2021 stands at 17.9 (moderate) down from 20.4 (serious) in 2012, 25.1 (serious) in 2006 and 28.0 (serious) in 2000<sup>6</sup>.
- Of the 116 countries, 49 countries fall under 'low', 30 countries are under 'moderate' category. 31 countries possess GHI score of 'serious' category, with 5 countries are in 'alarming' category. One country fell under the 'extremely alarming' category<sup>6</sup>.
- GHI score of India is 27.5 (moderate) during 2021, down from 28.8 (serious) in 2012, 37.4 (alarming) in 2006 and 38.8 (alarming) in 2000<sup>6</sup>.



## Status of malnutrition

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Malnutrition contributes to increased morbidity, disability, stunted mental and physical growth, and reduced national socio-economic development. The extent of malnutrition worldwide as well as in India is presented below:

### ***Global scenario:***

- 2.37 billion do not have access to adequate food<sup>7</sup>
- 768 million people are undernourished<sup>7</sup>
- 118 million more people faced hunger in 2020 in comparison to 2019<sup>8</sup>
- 20.5 million newborns (14.6 % of all live births) have a low weight at birth<sup>9</sup>
- 149.2 million (22.0 %) children (<5 years) are stunted<sup>9</sup>
- 45.4 million (6.7 %) children (<5 years) possess wasting<sup>9</sup>
- 38.9 million (5.7 %) children (<5 years) are affected by overweight<sup>9</sup>
- 2.2 billion adults are overweight or obese (40.8 % of women and 40.4 % of men)<sup>9</sup>
- Undernutrition causes ~45 % death among children (<5 years) mainly in low and middle-income countries<sup>5</sup>
- 20-25 % of all deaths in adults have been associated with imbalanced diets<sup>10,11</sup>
- Overall, poor diets were responsible for >12 million avoidable deaths among adults<sup>9</sup>
- In Southern Asia, 30.7 % and 14.1 % of the children (<5 years) are stunted and wasted, respectively<sup>7</sup>
- 451.8 million (9.1 % women and 8.1 % men) adults are underweight<sup>9</sup>
- 570.8 million (29.9 %) girls and women aged 15-49 years are affected by anaemia<sup>9</sup>
- 538.7 million (8.9 % of women and 10.5 % of men) adult people have diabetes<sup>9</sup>



- 1.2 billion (19.9 % of women and 24 % of men) adult experience raised blood pressure<sup>9</sup>
- The average global hunger index (GHI) is 17.9 (moderate category) with a range of <5.0 to 50.8<sup>6</sup>
- Malnutrition in all its forms could cost society up to US\$3.5 trillion per year<sup>5</sup>

***Indian scenario:***

- 15.3 % of the population are undernourished<sup>11</sup>
- Neonatal mortality rate (NNMR): 24.9 per 1,000 births<sup>12</sup>
- Infant mortality rate (IMR): 35.2 per 1,000 births<sup>12</sup>
- Child (< 5 years) mortality rate (U5MR): 41.9 per 1,000 live births<sup>12</sup>
- 35.5 % of the children (<5 years) are stunted, 19.3 % wasted and 7.7 % severely wasted<sup>12</sup>
- 32.1 % of the children (<5 years) are under-weight<sup>12</sup>
- 3.4 % of the children (<5 years) are over-weight<sup>12</sup>
- 18.7 % women and 16.2 % men possess BMI below normal (<18.5)<sup>12</sup>
- 24.0 % of women and 22.9 % of men are overweight or obese (BMI  $\geq$ 25.0)<sup>12</sup>
- 67.1 % of the children (6-59 months) are anaemic<sup>12</sup>
- 57.2 % of non-pregnant, 52.2 % pregnant and 57.0 % of all women (15-49 years) are anaemic<sup>12</sup>
- 59.1 % of all women (15-19 years) are anaemic<sup>12</sup>
- 25.0 % of men (15-49 years) are affected due to anaemia<sup>12</sup>
- 31.1 % of men (15-19 years) are anaemic<sup>12</sup>
- 13.5 % of women and 15.6 % of men possess high or very high blood sugar<sup>12</sup>
- 21.3 % women and 24.0 % men possess elevated blood pressure<sup>12</sup>
- India's GHI score is 27.5 (serious category)<sup>11</sup>
- India ranks 101 among 116 countries in relation to GHI<sup>11</sup>
- India loses over US\$12 billion in GDP per year to vitamin and mineral deficiencies<sup>13</sup>



## Nutrients & their functions

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### *Nutritional factors:*

- **Protein:** It provides essential amino acids for growth and tissue repair. Its deficiency leads to poor intellectual development, disorderly physical functioning and even mortality. Diet deficient in protein leads to *kwashiorkor* and *marasmus* disorders among humans.
- **Lysine:** It is a building block in protein synthesis besides serving as precursor for several neurotransmitters and metabolic regulators. Deficiency of lysine leads to fatigue, dizziness, nausea, anaemia, delayed growth, loss of appetite and degeneration of reproductive tissue.
- **Tryptophan:** It is also a building block of proteins, and functions as precursors for several neurotransmitters and regulators of metabolic pathways. Its deficiency leads to depression, anxiety and impatience. Weight loss and slow growth in children are the major symptoms of tryptophan deficiency.
- **Iron:** It is a mineral element required for the proper functioning of muscle and brain tissues. It carries oxygen from the lungs to various tissues by red blood cell haemoglobin. The occurrence of anaemia is the most common characteristics of iron deficiency in human. Deficiency of iron also causes retarded growth and development.
- **Zinc:** It is a mineral element which serves as cofactor in as many as 300 enzymes required in humans. It is required for the regulation of synthesis and degradation of nucleic acids, proteins, lipids and carbohydrates. Zinc deficiency leads to retardation in growth, loss of appetite, impaired immune function and increased susceptibility to infections.
- **Calcium:** It is a mineral element required to build and maintain strong bones and teeth. It also plays a vital role in muscle movement and



cardiovascular function. Deficiency of calcium leads to osteoporosis which causes the bones to become brittle. Dental problems, cataracts and alterations in the brain are the other associated symptoms.

- **Vitamin-A:** It is also called as retinol and is essentially required for the normal functioning of the visual system, growth and development, maintenance of epithelial cell integrity, immune system and reproduction. Night blindness is the hallmark of vitamin-A deficiency. Xerophthalmia and keratomalacia caused due to structural alterations of the conjunctiva and cornea may also follow. Further chances of anaemia, diarrhoea, measles, malaria and respiratory infections are also enhanced.
- **Vitamin-C:** It is required for metabolism and repair of various tissues such as skin, bone, teeth and cartilage. Vitamin-C helps in iron absorption from the gastrointestinal tract. Deficiency leads to scurvy which is characterized by bleeding gums, bruising and poor wound healing in the teeth and is also associated with joint and muscle pains.
- **Anthocyanins:** These are pigments that give red, purple, and blue colours in plant parts. Anthocyanins act as antioxidants and help in removing harmful free radicals produced inside the body. Anthocyanins possess antidiabetic, anticancer, anti-inflammatory, anti-microbial, and anti-obesity effects, as well as prevention of cardiovascular diseases.
- **Oleic acid:** It is a monounsaturated fatty acid present in oil. Monounsaturated fat in the diet is associated with decreased low-density lipoprotein (LDL) cholesterol and reduced risk of coronary heart disease.
- **Linoleic acid:** It is a polyunsaturated fatty acid present in oil. It reduces total and LDL cholesterol, therefore good for cardiovascular functions.

#### **Anti-nutritional factors:**

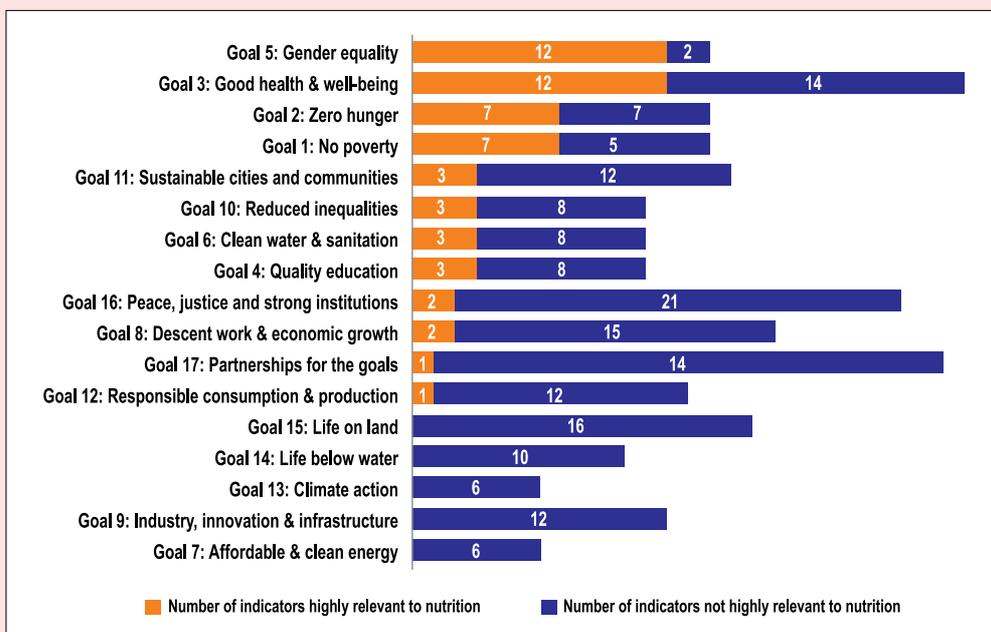
- **Erucic acid:** It is a monounsaturated fatty acid found in rapeseed and mustard oil. High concentration of erucic acid in edible oils impairs myocardial conductance, causes lipidosis in children and increases blood cholesterol.



- **Glucosinolates:** It is a group of thioglucosides mainly found in *Brassicaceae* family. *Glucosinolates* produce glucose, sulphate and other products when broken down by myrosinase. Higher consumption is detrimental to animal health as these reduce the feed palatability and affect the iodine uptake by the thyroid glands, which in turn lowers feed efficiency and weight gains particularly in non-ruminants such as pigs and poultry.
- **Kunitz trypsin inhibitor (KTI):** It is a non-glycosylated protein that possesses adverse effects on growth of humans primarily through inhibition of trypsin in the digestive tract leading to indigestion. KTI constituting the major portion of total trypsin inhibitors in soybean, is considered detrimental to human health.
- **Lipoxygenase:** It is an enzyme that plays role in the development of unpleasant flavour in foods made from soybean by oxidation of polyunsaturated fatty acids. The beany off-flavour reduces consumers' preference towards soybean as food.

## Sustainable Development Goals (SDGs)

United Nations (UN) in 2015 set 17 Sustainable Development Goals (SDGs) to chart a path for meeting current human needs without compromising the ability of future generations to meet their needs<sup>5</sup>. At the core, SDGs aim to eliminate extreme poverty, hunger, and malnutrition; conserve environment and ensure that all people enjoy peace and prosperity by 2030. Twelve of the 17 goal-indicators are related to nutrition.



Source : 2016 Global Food Policy Report<sup>14</sup>, [www.sdgs.un.org](http://www.sdgs.un.org)<sup>15</sup>

ICAR is committed to SDGs through development of high yielding biofortified crop varieties.



## Why biofortification?

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### Four avenues are generally practiced to alleviate malnutrition:

- **Food fortification:** It is a process of physically adding vital nutrients to the food in order to enrich it. For example, (i) iron, folic acid and vitamin B12 fortified wheat and rice flour, (ii) iron and iodine fortified salts, (iii) vitamin-A and vitamin-D fortified oil and milk, have been permitted by Food Safety and Standards Authority of India (FSSAI), Govt. of India.
- **Medical supplementation:** It is a process of providing vital nutrients through pills. For example, Govt. sponsored programmes, (i) Weekly Iron Folic Acid Supplementation (WIFS) programme for school adolescent boys and girls (10-19 years) and out of school girls (10-19 years) in urban and rural areas, and (ii) Vitamin-A Supplementation (VAS) programme for children under five, are in place India.
- **Dietary diversification:** It is a process of including diverse cereals, pulses, oilseeds, vegetables and fruits in the diet in order to enhance the nutritional status.
- **Crop biofortification:** It is a process of enhancing the nutritional quality of edible parts of the plants through genetic approach such as plant breeding. For example, (i) iron and zinc rich wheat grains, (ii) protein and zinc rich rice grains, and (iii) vitamin-A rich maize grains.

### Merits of biofortification:

- It is regarded as the most sustainable approach to alleviate malnutrition.
- It provides nutrients in natural form, thus nutrients enter the body as part of natural food matrix.
- People can afford the 'biofortified food' as it does not involve any additional price.
- 'Biofortified varieties' are as high yielding as 'traditional varieties', thus no loss is incurred to the farmers.
- It does not require elaborate infrastructure facility as required in 'food fortification'.
- It does not need elaborate distribution system as required in 'medical supplementation'.
- It does not involve additional cost on preparing the enriched food grains.



## Rice: CR Dhan 310

(Pure line variety)

Protein  
10.3 %

- Rich in protein (10.3 %) in polished grains in comparison to 7.0-8.0 % in popular varieties
- Grain yield: 45.0 q/ha
- Maturity: 125 days
- Suitable for irrigated mid-early conditions in *kharif*
- Adaptation: Odisha, Madhya Pradesh and Uttar Pradesh
- Developed by ICAR-National Rice Research Institute, Cuttack

Year of release: 2016



## Rice: DRR Dhan 45

(Pure line variety)

Zinc  
22.6 ppm

- Rich in zinc (22.6 ppm) in polished grains in comparison to 12.0-16.0 ppm in popular varieties
- Grain yield: 50.0 q/ha
- Maturity: 130 days
- Suitable for irrigated conditions in *khari*
- Adaptation: Karnataka, Tamil Nadu, Andhra Pradesh and Telangana
- Developed by ICAR-Indian Institute of Rice Research, Hyderabad

Year of release: 2016



## Rice: DRR Dhan 48

(Pure line variety)

Zinc  
24.0 ppm

- Rich in zinc (24.0 ppm) in polished grains in comparison to 12.0-16.0 ppm in popular varieties
- Grain yield: 52.0 q/ha
- Maturity: 138 days
- Suitable for irrigated conditions in *khariif*
- Adaptation: Andhra Pradesh, Telangana, Tamil Nadu, Karnataka and Kerala
- Developed by ICAR-Indian Institute of Rice Research, Hyderabad

Year of release: 2018



## Rice: DRR Dhan 49

(Pure line variety)

Zinc  
25.2 ppm

- Rich in zinc (25.2 ppm) in polished grains in comparison to 12.0-16.0 ppm in popular varieties
- Grain yield: 50.0 q/ha
- Maturity: 130 days
- Suitable for irrigated conditions in *kharif* and *rabi*
- Adaptation: Gujarat, Maharashtra and Kerala
- Developed by ICAR-Indian Institute of Rice Research, Hyderabad

Year of release: 2018



## Rice: Zinco Rice MS

(Pure line variety)

Zinc  
27.4 ppm

- Rich in zinc (27.4 ppm) in polished grains in comparison to 12.0-16.0 ppm in popular varieties
- Grain yield: 58.0 q/ha
- Maturity: 135 days
- Suitable for early and medium sowings under rainfed and irrigated conditions in *kharif*
- Adaptation: Chhattisgarh, West Bengal and Odisha
- Developed by Indira Gandhi Krishi Vishwavidyalaya, Raipur under ICAR-All India Coordinated Research Project on Rice

Year of release: 2018



## Rice: CR Dhan 311 (Mukul)

(Pure line variety)

Protein  
10.1 %

Zinc  
20.1 ppm

- Rich in protein (10.1 %) and zinc (20.1 ppm) in polished grains in comparison to 7.0-8.0 % protein and 12.0-16.0 ppm zinc in popular varieties
- Grain yield: 46.2 q/ha
- Maturity: 124 days
- Suitable for rainfed shallow lowland and medium land in *khariif*
- Adaptation: Odisha
- Developed by ICAR-National Rice Research Institute, Cuttack

Year of release: 2018



## Rice: CR Dhan 315

(Pure line variety)

Zinc  
24.9 ppm

- Rich in zinc (24.9 ppm) in polished grains in comparison to 12.0-16.0 ppm zinc in popular varieties
- Grain yield: 50.0 q/ha
- Maturity: 130 days
- Suitable for irrigated conditions in *khariif*
- Adaptation: Maharashtra and Gujarat
- Developed by ICAR-National Rice Research Institute, Cuttack

Year of release: 2020



## Rice: CR Dhan 411

(Pure line variety)

Protein  
10.1 %

- Rich in protein (10.1 %) in polished grains in comparison to 7.0-8.0 % in popular varieties
- Grain yield: 56.2 q/ha
- Maturity: 140 days
- Suitable for irrigated/rainfed shallow low land conditions in *kharif*
- Adaptation: Odisha
- Developed by ICAR-National Rice Research Institute, Cuttack

Year of release: 2021



## Wheat: WB 02

(Pure line variety)

Iron  
40.0 ppm

Zinc  
42.0 ppm

- Rich in iron (40.0 ppm) and zinc (42.0 ppm) in comparison to 28.0-32.0 ppm iron and 30.0-32.0 ppm zinc in popular varieties
- Grain yield: 51.6 q/ha
- Maturity: 142 days
- Suitable for irrigated timely sown conditions in *rabi*
- Adaptation: Punjab, Haryana, Delhi, Rajasthan (excluding Kota & Udaipur division), Western Uttar Pradesh (except Jhansi division), Jammu and Kathua district of Jammu & Kashmir, Paonta Valley and Una district of Himachal Pradesh and Tarai region of Uttarakhand
- Developed by ICAR-Indian Institute of Wheat & Barley Research, Karnal

Year of release: 2017



## Wheat: HPBW 01

(Pure line variety)

Iron  
40.0 ppm

Zinc  
40.6 ppm

- Rich in iron (40.0 ppm) and zinc (40.6 ppm) in comparison to 28.0-32.0 ppm iron and 30.0-32.0 ppm zinc in popular varieties
- Grain yield: 51.7 q/ha
- Maturity: 141 days
- Suitable for irrigated timely sown conditions in *rabi*
- Adaptation: Punjab, Haryana, Delhi, Rajasthan (excluding Kota & Udaipur division), Western Uttar Pradesh (except Jhansi division), Jammu and Kathua district of Jammu & Kashmir, Paonta Valley and Una district of Himachal Pradesh and Tarai region of Uttarakhand
- Developed by Punjab Agricultural University, Ludhiana under ICAR-All India Coordinated Research Project on Wheat & Barley

Year of release: 2017



## Wheat: Pusa Tejas (HI 8759) durum

(Pure line variety)

Protein  
12.0 %

Iron  
41.1 ppm

Zinc  
42.8 ppm

- Rich in protein (12.0 %), iron (41.1 ppm) and zinc (42.8 ppm) in comparison to 8-10 % protein, 28.0-32.0 ppm iron and 30.0-32.0 ppm zinc in popular varieties
- Grain yield: 57.0 q/ha
- Maturity: 117 days
- Suitable for irrigated timely sown conditions in *rabi*
- Adaptation: Madhya Pradesh, Chhattisgarh, Gujarat, Rajasthan (Kota & Udaipur Division) and Uttar Pradesh (Jhansi Division)
- Developed by ICAR-Indian Agricultural Research Institute, Regional Station, Indore

Year of release: 2017



## Wheat: Pusa Ujala (HI 1605)

(Pure line variety)

Protein  
13.0 %

Iron  
43.0 ppm

- Rich in protein (13.0 %) and iron (43.0 ppm) in comparison to 8-10 % protein and 28.0-32.0 ppm iron in popular varieties
- Grain yield: 30.0 q/ha
- Maturity: 105 days
- Suitable for timely sown restricted irrigated conditions in *rabi*
- Adaptation: Maharashtra and Karnataka
- Developed by ICAR-Indian Agricultural Research Institute, Regional Station, Indore

Year of release: 2017



## Wheat: HD 3171

(Pure line variety)

Zinc  
47.1 ppm

- Rich in zinc (47.1 ppm) in comparison to 30.0-32.0 ppm in popular varieties
- Grain yield: 28.0 q/ha
- Maturity: 122 days
- Suitable for timely sown rainfed conditions in *rabi*
- Adaptation: Eastern Uttar Pradesh, Bihar, Jharkhand, Odisha, West Bengal, Assam and plains of North Eastern States
- Developed by ICAR-Indian Agricultural Research Institute, New Delhi

Year of release: 2017



## Wheat: HI 8777 (durum)

(Pure line variety)

Iron  
48.7 ppm

Zinc  
43.6 ppm

- Rich in iron (48.7 ppm) and zinc (43.6 ppm) in comparison to 28.0-32.0 ppm iron and 30.0-32.0 ppm zinc in popular varieties
- Grain yield: 18.5 q/ha
- Maturity: 108 days
- Suitable for timely sown rainfed conditions in *rabi*
- Adaptation: Maharashtra, Karnataka and plains of Tamil Nadu
- Developed by ICAR-Indian Agricultural Research Institute, Regional Station, Indore

Year of release: 2018



## Wheat: MACS 4028 (durum)

(Pure line variety)

Protein  
14.7 %

Iron  
46.1 ppm

Zinc  
40.3 ppm

- Rich in protein (14.7 %), iron (46.1 ppm) and zinc (40.3 ppm) in comparison to 8-10 % protein, 28.0-32.0 ppm iron and 30.0-32.0 ppm zinc in popular varieties
- Grain yield: 19.3 q/ha
- Maturity: 102 days
- Suitable for rainfed, low fertility, timely sown conditions in *rabi*
- Adaptation: Maharashtra and Karnataka
- Developed by Agharkar Research Institute, Pune under ICAR-All India Coordinated Research Project on Wheat & Barley

Year of release: 2018



## Wheat: PBW 752

(Pure line variety)

Protein  
12.4 %

- Rich in protein (12.4 %) in comparison to 8-10 % in popular varieties
- Grain yield: 49.7 q/ha
- Maturity: 120 days
- Suitable for late sown irrigated conditions in *rabi*
- Adaptation: Punjab, Haryana, Delhi, Rajasthan (excluding Kota & Udaipur division), Western Uttar Pradesh (except Jhansi division), Jammu and Kathua district of Jammu & Kashmir, Paonta Valley and Una district of Himachal Pradesh and Tarai region of Uttarakhand
- Developed by Punjab Agricultural University, Ludhiana under ICAR-All India Coordinated Research Project on Wheat & Barley

Year of release: 2018



## Wheat: PBW 757

(Pure line variety)

Zinc  
42.3 ppm

- Contains high zinc (42.3 ppm) in comparison to 30.0-32.0 ppm zinc in popular varieties
- Grain yield: 36.7 q/ha
- Maturity: 104 days
- Suitable for very late sown irrigated conditions in *rabi*
- Adaptation: Punjab, Haryana, Delhi, Rajasthan (excluding Kota & Udaipur division), Western Uttar Pradesh (except Jhansi division), Jammu and Kathua district of Jammu & Kashmir, Paonta Valley and Una district of Himachal Pradesh and Tarai region of Uttarakhand
- Developed by Punjab Agricultural University, Ludhiana under ICAR-All India Coordinated Research Project on Wheat & Barley

Year of release: 2018



## Wheat: Karan Vandana (DBW 187)

(Pure line variety)

Iron  
43.1 ppm

- Rich in iron (43.1 ppm) in comparison to 28.0-32.0 ppm in popular varieties
- Grain yield: 48.8 q/ha [North Eastern Plains Zone (NEPZ)], 61.3 q/ha [North Western Plains Zone (NWPZ)] and 75.5 q/ha (High Fertility)
- Maturity: 120 days (NEPZ), 146 days (NWPZ) and 158 days (High Fertility)
- Suitable for timely sown irrigated conditions in *rabi*
- Adaptation: Punjab, Haryana, Delhi, Rajasthan (excluding Kota & Udaipur division), Uttar Pradesh (except Jhansi division), Jammu and Kathua district of Jammu & Kashmir, Paonta Valley and Una district of Himachal Pradesh, Tarai region of Uttarakhand, Bihar, Jharkhand, West Bengal, Odisha, Assam and North Eastern States.
- Developed by ICAR-Indian Institute of Wheat & Barley Research, Karnal

Year of release: 2018 & 2020



## Wheat: DBW 173

(Pure line variety)

Protein  
12.5 %

Iron  
40.7 ppm

- Rich in protein (12.5 %) and iron (40.7 ppm) in comparison to 8-10 % protein and 28.0-32.0 ppm iron in popular varieties
- Grain yield: 47.2 q/ha
- Maturity: 122 days
- Suitable for late sown irrigated conditions in *rabi*
- Adaptation: Punjab, Haryana, Delhi, Rajasthan (excluding Kota & Udaipur division), Western Uttar Pradesh (except Jhansi division), Jammu and Kathua district of Jammu & Kashmir, Paonta Valley and Una district of Himachal Pradesh and Tarai region of Uttarakhand
- Developed by ICAR-Indian Institute of Wheat & Barley Research, Karnal

Year of release: 2018



## Wheat: UAS 375

(Pure line variety)

Protein  
13.8 %

- Rich in protein (13.8 %) in comparison to 8-10 % in popular varieties
- Grain yield: 21.4 q/ha
- Maturity: 103 days
- Suitable for timely sown rainfed conditions in *rabi*
- Adaptation: Maharashtra and Karnataka
- Developed by University of Agricultural Sciences, Dharwad under ICAR-All India Coordinated Research Project on Wheat & Barley

Year of release: 2018



## Wheat: DDW 47

(Pure line variety)

Protein  
12.7 %

Iron  
40.1 ppm

- Rich in protein (12.7 %) and iron (40.1 ppm) in comparison to 8-10 % protein and 28.0-32.0 ppm iron in popular varieties
- Grain yield: 37.3 q/ha
- Maturity: 121 days
- Suitable for timely sown restricted irrigated conditions in *rabi*
- Adaptation: Madhya Pradesh, Gujarat, Rajasthan and Chhattisgarh
- Developed by ICAR-Indian Institute of Wheat & Barley Research, Karnal

Year of release: 2020



## Wheat: PBW 771

(Pure line variety)

Zinc  
41.4 ppm

- Rich in zinc (41.4 ppm) in comparison to 30.0-32.0 ppm in popular varieties
- Grain yield: 50.3 q/ha
- Maturity: 120 days
- Suitable for late sown irrigated conditions in *rabi*
- Adaptation: Punjab, Haryana, Delhi, Rajasthan (excluding Kota & Udaipur division), Western Uttar Pradesh (except Jhansi divisions), Jammu and Kathua districts of Jammu & Kashmir, Paonta Valley and Una district of Himachal Pradesh and Tarai region of Uttarakhand
- Developed by Punjab Agricultural University, Ludhiana under ICAR-All Indian Coordinated Research Project on Wheat & Barley

Year of release: 2020



## Wheat: HI 8802 (durum)

(Pure line variety)

Protein  
13.0 %

- Rich in protein (13.0 %) in comparison to 8-10 % in popular varieties
- Grain yield: 29.1 q/ha
- Maturity: 109 days
- Suitable for timely sown rainfed conditions in *rabi*
- Adaptation: Maharashtra, Karnataka and plains of Tamil Nadu
- Developed by ICAR-Indian Agricultural Research Institute, Regional Station, Indore

Year of release: 2020



## Wheat: HI 8805 (durum)

(Pure line variety)

Protein  
12.8 %

Iron  
40.4 ppm

- Rich in protein (12.8 %) and iron (40.4 ppm) in comparison to 8-10 % protein and 28.0-32.0 ppm iron in popular varieties
- Grain yield: 30.4 q/ha
- Maturity: 105 days
- Suitable for timely sown rainfed conditions in *rabi*
- Adaptation: Maharashtra, Karnataka and plains of Tamil Nadu
- Developed by ICAR-Indian Agricultural Research Institute, Regional Station, Indore

Year of release: 2020



## Wheat: HD 3249

(Pure line variety)

Iron  
42.5 ppm

- Rich in iron (42.5 ppm) in comparison to 28.0-32.0 ppm in popular varieties
- Grain yield: 48.8 q/ha
- Maturity: 122 days
- Suitable for timely sown irrigated conditions in *rabi*
- Adaptation: Eastern Uttar Pradesh, Bihar, Jharkhand, West Bengal (excluding Hills), Odisha, Assam and plains of North Eastern States
- Developed by ICAR-Indian Agricultural Research Institute, New Delhi

Year of release: 2020



## Wheat: MACS 4058 (durum)

(Pure line variety)

Protein  
14.7 %

Iron  
39.5 ppm

Zinc  
37.8 ppm

- Rich in protein (14.7 %), iron (39.5 ppm) and zinc (37.8 ppm) in comparison to 8-10 % protein, 28.0-32.0 ppm iron and 30.0-32.0 ppm zinc in popular varieties
- Grain yield: 29.6 q/ha
- Maturity: 102 days
- Suitable for timely sown restricted irrigated conditions in *rabi*
- Adaptation: Maharashtra and Karnataka
- Developed by Agharkar Research Institute, Pune under ICAR-All India Coordinated Research Project on Wheat & Barley

Year of release: 2020



## Wheat: HD 3298

(Pure line variety)

Protein  
12.1%

Iron  
43.1 ppm

- Rich in protein (12.1 %) and iron (43.1 ppm) in comparison to 8-10 % protein and 28.0-32.0 ppm iron in popular varieties
- Grain yield: 43.7 q/ha
- Maturity: 103 days
- Suitable for very late sown irrigated conditions in *rabi*
- Adaptation: Punjab, Haryana, Delhi, Rajasthan (except Kota & Udaipur Divisions), Western Uttar Pradesh (except Jhansi Division), Parts of Jammu & Kashmir (Jammu & Kathua district), Parts of Himachal Pradesh (Una district & Paonta Valley) and Uttarakhand (Tarai region)
- Developed by ICAR-Indian Agricultural Research Institute, New Delhi

Year of release: 2020



## Wheat: HI 1633

(Pure line variety)

Protein  
12.4 %

Iron  
41.6 ppm

Zinc  
41.1 ppm

- Rich in protein (12.4 %), iron (41.6 ppm) and zinc (41.1 ppm) in comparison to 8-10 % protein, 28.0-32.0 ppm iron and 30.0-32.0 ppm zinc in popular varieties
- Grain yield: 41.7 q/ha
- Maturity: 100 days
- Suitable for late sown irrigated conditions in *rabi*
- Adaptation: Maharashtra, Karnataka and plains of Tamil Nadu
- Developed by ICAR-Indian Agricultural Research Institute, Regional Station, Indore

Year of release: 2020



## Wheat: DBW 303

(Pure line variety)

Protein  
12.1 %

- Rich in protein (12.1 %) in comparison to 8-10 % protein in popular varieties
- Grain yield: 81.2 q/ha
- Maturity: 156 days
- Suitable for irrigated early sown and high fertility conditions in *rabi*
- Adaptation: Punjab, Haryana, Delhi, Rajasthan (except Kota & Udaipur divisions) and Western Uttar Pradesh (except Jhansi division), parts of Jammu & Kashmir (Jammu & Kathua districts) and parts of Himachal Pradesh (Una district & Paonta valley) and Uttaranchal (Tarai region)
- Developed by ICAR-Indian Institute of Wheat & Barley Research, Karnal

Year of release: 2020



## Wheat: DDW 48 (durum)

(Pure line variety)

Protein  
12.1 %

- Rich in protein (12.1 %) in comparison to 8-10 % protein in popular varieties
- Grain yield: 47.4 q/ha
- Maturity: 111 days
- Suitable for timely sown irrigated conditions in *rabi*
- Adaptation: Maharashtra, Karnataka and plains of Tamil Nadu
- Developed by ICAR-Indian Institute of Wheat & Barley Research, Karnal

Year of release: 2020



## Wheat: DBW 332

(Pure line variety)

Protein  
12.2%

Zinc  
40.6 ppm

- Rich in protein (12.2 %) and zinc (40.6 ppm) in comparison to 8-10 % protein and 30.0-32.0 ppm iron in popular varieties
- Grain yield: 78.3 q/ha
- Maturity: 156 days
- Suitable for early sown irrigated conditions in *rabi*
- Adaptation: Punjab, Haryana, Delhi, Rajasthan (except Kota & Udaipur Divisions), Western Uttar Pradesh (except Jhansi Division), Parts of Jammu & Kashmir (Jammu & Kathua district), Parts of Himachal Pradesh (Una district & Paonta Valley) and Uttarakhand (Tarai region)
- Developed by ICAR-Indian Institute of Wheat & Barley Research, Karnal

Year of release: 2021



## Wheat: DBW 327

(Pure line variety)

Zinc  
40.6 ppm

- Contains high zinc (40.6 ppm) in comparison to 30.0-32.0 ppm zinc in popular varieties
- Grain yield: 79.4 q/ha
- Maturity: 155 days
- Suitable for early sown irrigated conditions in *rabi*
- Adaptation: Punjab, Haryana, Delhi, Rajasthan (excluding Kota & Udaipur division), Western Uttar Pradesh (except Jhansi division), Jammu and Kathua district of Jammu & Kashmir, Paonta Valley and Una district of Himachal Pradesh and Tarai region of Uttarakhand
- Developed by ICAR-Indian Institute of Wheat & Barley Research, Karnal

Year of release: 2021



## Wheat: HI 1636

(Pure line variety)

Zinc  
40.4 ppm

- Contains high zinc (40.4 ppm) in comparison to 30.0-32.0 ppm zinc in popular varieties
- Grain yield: 56.6 q/ha
- Maturity: 119 days
- Suitable for timely sown irrigated conditions in *rabi*
- Adaptation: Madhya Pradesh, Chhattisgarh, Gujarat, Rajasthan (Kota and Udaipur division), and Western Uttar Pradesh (Jhansi division)
- Developed by ICAR-Indian Agricultural Research Institute, Regional Station, Indore

Year of release: 2021



## Wheat: HI 8823 (durum)

(Pure line variety)

Protein  
12.1 %

Zinc  
40.1 ppm

- Rich in protein (12.1 %) and zinc (40.1 ppm) in comparison to 8-10 % protein and 30.0-32.0 ppm zinc in popular varieties
- Grain yield: 38.5 q/ha
- Maturity: 122 days
- Suitable for timely sown irrigated conditions in *rabi*
- Adaptation: Madhya Pradesh, Chhattisgarh, Gujarat, Rajasthan (Kota and Udaipur division) and Jhansi division of Uttar Pradesh)
- Developed by ICAR-Indian Agricultural Research Institute, Regional Station, Indore

Year of release: 2021



## Wheat: HUW 838

(Pure line variety)

Zinc  
41.8 ppm

- Contains high zinc (41.8 ppm) in comparison to 30.0-32.0 ppm zinc in popular varieties
- Grain yield: 51.3 q/ha
- Maturity: 148 days
- Suitable for early sown irrigated conditions in *rabi*
- Adaptation: Punjab, Haryana, Delhi, Rajasthan (excluding Kota & Udaipur division), Western Uttar Pradesh (except Jhansi division), Jammu and Kathua district of Jammu & Kashmir, Paonta Valley and Una district of Himachal Pradesh and Tarai region of Uttarakhand
- Developed by Banaras Hindu University, Varanasi under ICAR-All India Coordinated Research Project on Wheat & Barley

Year of release: 2021



## Wheat: MP (JW) 1358

(Pure line variety)

Protein  
12.1%

Iron  
40.6 ppm

- Rich in protein (12.1 %) and iron (40.6 ppm) in comparison to 8-10 % protein and 28.0-32.0 ppm iron in popular varieties
- Grain yield: 56.1 q/ha
- Maturity: 105 days
- Suitable for early sown irrigated conditions in *rabi*
- Adaptation: Maharashtra, Karnataka and plains of Tamil Nadu
- Developed by Jawahar Lal Nehru Krishi Viswavidhyalaya, Zonal Agricultural Research Station, Powarkheda under ICAR-All India Coordinated Research Project on Wheat & Barley

Year of release: 2021



## Maize: Vivek QPM 9

(Hybrid)

Lysine  
4.19 %

Tryptophan  
0.83 %

- Rich in lysine (4.19 % in protein) and tryptophan (0.83 % in protein) in comparison to 1.5-2.0 % lysine and 0.3-0.4 % tryptophan in popular hybrids
- Grain yield: 52.0 q/ha
- Maturity: 88 days
- Adaptation: *Kharif* season in Jammu & Kashmir, Himachal Pradesh, Uttarakhand (Hill region), North Eastern states, Maharashtra, Karnataka, Andhra Pradesh, Telangana and Tamil Nadu
- Developed by ICAR-Vivekananda Parvatiya Krishi Anusandhan Sansthan, Almora

Year of release: 2008



## Maize: Pusa HM 4 Improved

(Hybrid)

Lysine  
3.62 %

Tryptophan  
0.91 %

- Rich in lysine (3.62 % in protein) and tryptophan (0.91 % in protein) in comparison to 1.5-2.0 % lysine and 0.3-0.4 % tryptophan in popular hybrids
- Grain yield: 64.2 q/ha
- Maturity: 87 days
- Adaptation: *Kharif* season in Punjab, Haryana, Delhi, Uttarakhand (plains) and Uttar Pradesh (Western region)
- Developed by ICAR-Indian Agricultural Research Institute, New Delhi by improving HM 4 developed by CCS-Haryana Agricultural University, Hisar

Year of release: 2017



## Maize: Pusa HM 8 Improved

(Hybrid)

Lysine  
4.18 %

Tryptophan  
1.06 %

- Rich in lysine (4.18 % in protein) and tryptophan (1.06 % in protein) in comparison to 1.5-2.0 % lysine and 0.3-0.4 % tryptophan in popular hybrids
- Grain yield: 62.6 q/ha
- Maturity: 95 days
- Adaptation: *Kharif* season in Maharashtra, Karnataka, Andhra Pradesh, Telangana and Tamil Nadu
- Developed by ICAR-Indian Agricultural Research Institute, New Delhi by improving HM 8 developed by CCS-Haryana Agricultural University, Hisar

Year of release: 2017



## Maize: Pusa HM 9 Improved

(Hybrid)

Lysine  
2.97 %

Tryptophan  
0.68 %

- Rich in lysine (2.97 % in protein) and tryptophan (0.68 % in protein) in comparison to 1.5-2.0 % lysine and 0.3-0.4 % tryptophan in popular hybrids
- Grain yield: 52.0 q/ha
- Maturity: 89 days
- Adaptation: *Kharif* season in Bihar, Jharkhand, Odisha, Uttar Pradesh (Eastern region) and West Bengal
- Developed by ICAR-Indian Agricultural Research Institute, New Delhi by improving HM 9 developed by CCS-Haryana Agricultural University, Hisar

Year of release: 2017



## Maize: Pusa Vivek QPM 9 Improved

(Hybrid)

Provitamin-A  
8.15 ppm

Lysine  
2.67%

Tryptophan  
0.74%

- Country's first provitamin-A rich maize
- Rich in provitamin-A (8.15 ppm), lysine (2.67 % in protein) and tryptophan (0.74 % in protein) in comparison to 1.0-2.0 ppm provitamin-A, 1.5-2.0 % lysine and 0.3-0.4 % tryptophan in popular hybrids
- Grain yield: 55.9 q/ha [Northern Hills Zone (NHZ)] and 59.2 q/ha [Peninsular Zone (PZ)]
- Maturity: 93 days (NHZ) and 83 days (PZ)
- Adaptation: *Khari* season in Jammu & Kashmir, Himachal Pradesh, Uttarakhand (Hill region), North Eastern states, Maharashtra, Karnataka, Andhra Pradesh, Telangana and Tamil Nadu
- Developed by ICAR-Indian Agricultural Research Institute, New Delhi by improving Vivek QPM 9 developed by ICAR-Vivekananda Parvatiya Krishi Anusandhan Sansthan, Almora

Year of release: 2017



## Maize: Pusa VH 27 Improved

(Hybrid)

Provitaim-A  
5.49 ppm

- Rich in provitamin-A (5.49 ppm) in comparison to 1.0-2.0 ppm provitamin-A in popular hybrids
- Grain yield: 48.5 q/ha
- Maturity: 84 days
- Adaptation: *Kharif* season in Bihar, Jharkhand, Odisha, Uttar Pradesh (Eastern region) and West Bengal
- Developed by ICAR-Indian Agricultural Research Institute, New Delhi by improving Vivek Hybrid 27 developed by ICAR-Vivekananda Parvatiya Krishi Anusandhan Sansthan, Almora

Year of release: 2020



## Maize: Pusa HQPM 5 Improved

(Hybrid)

Provitamin-A  
6.77 ppm

Lysine  
4.25%

Tryptophan  
0.94%

- Rich in provitamin-A (6.77 ppm), lysine (4.25 % in protein) and tryptophan (0.94 % in protein) in comparison to 1.0-2.0 ppm provitamin-A, 1.5-2.0 % lysine and 0.3-0.4 % tryptophan in popular hybrids
- Grain yield: 72.6 q/ha (NHZ), 75.1 q/ha (NWPZ), 53.5 q/ha (NEPZ), 71.2 q/ha (PZ) and 51.2 q/ha (CWZ)
- Maturity: 111 days (NHZ), 92 days (NWPZ), 88 days (NEPZ), 98 days (PZ) and 91 days (CWZ)
- Adaptation: *Kharif* season across the country
- Developed by ICAR-Indian Agricultural Research Institute, New Delhi by improving HQPM 5 developed by CCS-Haryana Agricultural University, Hisar

Year of release: 2020



## Maize: Pusa HQPM 7 Improved

(Hybrid)

Provitamin-A  
7.10 ppm

Lysine  
4.19%

Tryptophan  
0.93%

- Rich in provitamin-A (7.10 ppm), lysine (4.19 % in protein) and tryptophan (0.93 % in protein) in comparison to 1.0-2.0 ppm provitamin-A, 1.5-2.0 % lysine and 0.3-0.4 % tryptophan in popular hybrids
- Grain yield: 74.5 q/ha
- Maturity: 97 days
- Adaptation: *Kharif* season in Maharashtra, Karnataka, Andhra Pradesh, Telangana and Tamil Nadu
- Developed by ICAR-Indian Agricultural Research Institute, New Delhi by improving HQPM 7 developed by CCS-Haryana Agricultural University, Hisar

Year of release: 2020



## Maize: IQMH 201 (LQMH 1)

(Hybrid)

Lysine  
3.03 %

Tryptophan  
0.73 %

- Rich in lysine (3.03 % in protein) and tryptophan (0.73 % in protein) in comparison to 1.5-2.0 % lysine and 0.3-0.4 % tryptophan in popular hybrids
- Grain yield: 84.8 q/ha
- Maturity: 101 days
- Adaptation: *Kharif* season in Jammu & Kashmir, Himachal Pradesh, Uttarakhand and North Eastern states
- Developed by ICAR-Indian Institute of Maize Research, Ludhiana

Year of release: 2020



## Maize: IQMH 202 (LQMH 2)

(Hybrid)

Lysine  
3.04 %

Tryptophan  
0.66 %

- Rich in lysine (3.04 % in protein) and tryptophan (0.66 % in protein) in comparison to 1.5-2.0 % lysine and 0.3-0.4 % tryptophan in popular hybrids
- Grain yield: 72.0 q/ha
- Maturity: 96 days
- Adaptation: *Kharif* season in Punjab, Haryana, Delhi, western Uttar Pradesh and plains of Uttarakhand
- Developed by ICAR-Indian Institute of Maize Research, Ludhiana

Year of release: 2020



## Maize: IQMH 203 (LQMH 3)

(Hybrid)

Lysine  
3.48 %

Tryptophan  
0.77 %

- Rich in lysine (3.48 % in protein) and tryptophan (0.77 % in protein) in comparison 1.5-2.0 % lysine and 0.3-0.4 % tryptophan in popular hybrids
- Grain yield: 63.0 q/ha
- Maturity: 90 days
- Adaptation: *Kharif* season in Rajasthan, Gujarat, Madhya Pradesh and Chhattisgarh
- Developed by ICAR-Indian Institute of Maize Research, Ludhiana

Year of release: 2020



## Maize: Malviya Swarn Makka 1

(Hybrid)

Lysine  
3.89 %

Tryptophan  
0.97 %

- Rich in lysine (3.89 % in protein) and tryptophan (0.97 % in protein) in comparison to 1.5-2.0 % lysine and 0.3-0.4 % tryptophan in popular hybrids
- Grain yield: 71.7 q/ha
- Maturity: 93 days
- Adaptation: *Kharif* season in Delhi, Punjab, Uttarakhand and Western Uttar Pradesh
- Developed by Banaras Hindu University, Varanasi under ICAR-All India Coordinated Research Project on Maize

Year of release: 2021



## Maize: Pusa HQPM 1 Improved

(Hybrid)

Provitamin-A  
7.02 ppm

Lysine  
4.59%

Tryptophan  
0.85%

- Rich in provitamin-A (7.02 ppm), lysine (4.59 % in protein) and tryptophan (0.85 % in protein) in comparison to 1.0-2.0 ppm provitamin-A, 1.5-2.0 % lysine and 0.3-0.4 % tryptophan in popular hybrids
- Grain yield: 81.9 q/ha (NHZ), 69.7 q/ha (NWPZ), 59.5 q/ha (NEPZ), 79.3 q/ha (PZ) and 50.9 q/ha (CWZ) q/ha
- Maturity: 111 days (NHZ), 94 days (NWPZ), 90 days (NEPZ), 96 days (PZ) and 92 days (CWZ)
- Adaptation: *Kharif* season across the country
- Developed by ICAR-Indian Agricultural Research Institute, New Delhi by improving HQPM 1 developed by CCS-Haryana Agricultural University, Hisar

Year of release: 2021



## Maize: Pusa Biofortified Maize Hybrid 1

(Hybrid)

Provitamin-A  
6.60 ppm

Lysine  
3.37%

Tryptophan  
0.72%

- Rich in provitamin-A (6.60 ppm), lysine (3.37 % in protein) and tryptophan (0.72 % in protein) in comparison to 1.0-2.0 ppm provitamin-A, 1.5-2.0 % lysine and 0.3-0.4 % tryptophan in popular hybrids
- Grain yield: 76.2 q/ha (NHZ) & 54.4 q/ha (NEPZ)
- Maturity: 107 days (NHZ) and 86 days (NEPZ)
- Adaptation: *Kharif* season in Jammu and Kashmir, Himachal Pradesh, Uttarakhand, (Hill region) Meghalaya, Sikkim, Assam, Tripura, Nagaland, Manipur , Arunachal Pradesh, Bihar, Jharkhand, Odisha, Uttar Pradesh (Eastern region) and West Bengal
- Developed by ICAR-Indian Agricultural Research Institute, New Delhi

Year of release: 2021



## Pearl Millet: HHB 299

(Hybrid)

Iron  
73.0 ppm

Zinc  
41.0 ppm

- Rich in iron (73.0 ppm) and zinc (41.0 ppm) in comparison to 45.0-50.0 ppm iron and 30.0-35.0 ppm zinc in popular varieties/hybrids
- Grain yield: 32.7 q/ha
- Dry fodder yield: 73.0 q/ha
- Maturity: 81 days
- Adaptation: *Kharif* season in Haryana, Rajasthan, Gujarat, Punjab, Delhi, Maharashtra and Tamil Nadu
- Developed by CCS-Haryana Agricultural University, Hisar in collaboration with ICRISAT, Patancheru under ICAR-All India Coordinated Research Project on Pearl Millet

Year of release: 2017



## Pearl Millet: AHB 1200Fe

(Hybrid)

Iron  
73.0 ppm

- Rich in iron (73.0 ppm) in comparison to 45.0-50.0 ppm in popular varieties/hybrids
- Grain yield: 32.0 q/ha
- Dry fodder yield: 70.0 q/ha
- Maturity: 78 days
- Adaptation: *Kharif* season in Haryana, Rajasthan, Gujarat, Punjab, Delhi, Maharashtra and Tamil Nadu
- Developed by Vasantrya Naik Marathwada Krishi Vidyapeeth, Parbhani in collaboration with ICRISAT, Patancheru under ICAR-All India Coordinated Research Project on Pearl Millet

Year of release: 2017



## Pearl Millet: AHB 1269Fe

(Hybrid)

Iron  
91.0 ppm

Zinc  
43.0 ppm

- Rich in iron (91.0 ppm) and zinc (43.0 ppm) in comparison to 45.0-50.0 ppm iron and 30.0-35.0 ppm zinc in popular varieties/hybrids
- Grain yield: 31.7 q/ha
- Dry fodder yield: 74.0 q/ha
- Maturity: 82 days
- Adaptation: *Kharif* season in Gujarat, Haryana, Punjab, Delhi, Maharashtra, Telangana and Tamil Nadu
- Developed by Vasant Rao Naik Marathwada Krishi Vidyapeeth, Parbhani under ICAR-All India Coordinated Research Project on Pearl Millet

Year of release: 2018



## Pearl Millet: ABV 04

(Open Pollinated Variety)

Iron  
70.0 ppm

Zinc  
63.0 ppm

- Rich in iron (70.0 ppm) and zinc (63.0 ppm) in comparison to 45.0-50.0 ppm iron and 30.0-35.0 ppm zinc in popular varieties/hybrids
- Grain yield: 28.6 q/ha
- Dry fodder yield: 58.0 q/ha
- Maturity: 86 days
- Adaptation: *Kharif* season in Maharashtra, Karnataka, Andhra Pradesh, Telangana and Tamil Nadu
- Developed by ARS, Acharya NG Ranga Agricultural University, Ananthapuramu under ICAR-All India Coordinated Research Project on Pearl Millet

Year of release: 2018



## Pearl Millet: Phule Mahashakti

(Hybrid)

Iron  
87.0 ppm

Zinc  
41.0 ppm

- Rich in iron (87.0 ppm) and zinc (41.0 ppm) in comparison to 45.0-50.0 ppm iron and 30.0-35.0 ppm zinc in popular varieties/hybrids
- Grain yield: 29.3 q/ha
- Dry fodder yield: 56.0 q/ha
- Maturity: 88 days
- Adaptation: *Kharif* season in Maharashtra
- Developed by Mahatma Phule Krishi Vidyapeeth, Dhule under ICAR-All India Coordinated Research Project on Pearl Millet

Year of release: 2018



## Pearl Millet: RHB 233

(Hybrid)

Iron  
83.0 ppm

Zinc  
46.0 ppm

- Rich in iron (83.0 ppm) and zinc (46.0 ppm) in comparison to 45.0-50.0 ppm iron and 30.0-35.0 ppm zinc in popular varieties/hybrids
- Grain yield: 31.6 q/ha
- Dry fodder yield: 74.0 q/ha
- Maturity: 80 days
- Adaptation: *Kharif* season in Rajasthan, Gujarat, Haryana, Madhya Pradesh, Delhi, Maharashtra and Tamil Nadu
- Developed by Sri Karan Narendra Agricultural University, Jobner under ICAR-All India Coordinated Research Project on Pearl millet

Year of release: 2019



## Pearl Millet: RHB 234

(Hybrid)

Iron  
84.0 ppm

Zinc  
46.0 ppm

- Rich in iron (84.0 ppm) and zinc (46.0 ppm) in comparison to 45.0-50.0 ppm iron and 30.0-35.0 ppm zinc in popular varieties/hybrids
- Grain yield: 31.7 q/ha
- Dry fodder yield: 70.0 q/ha
- Maturity: 81 days
- Adaptation: *Kharif* season in Rajasthan, Gujarat, Haryana, Madhya Pradesh, Delhi, Maharashtra and Tamil Nadu
- Developed by Sri Karan Narendra Agricultural University, Jobner under ICAR-All India Coordinated Research Project on Pearl millet

Year of release: 2019



## Pearl Millet: HHB 311

(Hybrid)

Iron  
83.0 ppm

- Rich in iron (83.0 ppm) in comparison to 45.0-50.0 ppm in popular varieties/hybrids
- Grain yield: 31.7 q/ha
- Dry fodder yield: 72.0 q/ha
- Maturity: 81 days
- Adaptation: *Kharif* season in Rajasthan, Gujarat, Haryana, Punjab, Delhi, Maharashtra and Tamil Nadu
- Developed by CCS Haryana Agricultural University, Hisar under ICAR-All India Coordinated Research Project on Pearl millet

Year of release: 2020



## Pearl Millet: HHB 67 Improved 2

(Hybrid)

Protein  
15.5 %

Iron  
54.8 ppm

Zinc  
39.6 ppm

- Rich in protein (15.5 %), iron (54.8 ppm) and zinc (39.6 ppm) in comparison to 8.0-9.0 % protein, 45.0-50.0 ppm iron and 30.0-35.0 ppm zinc in popular varieties/hybrids
- Grain yield: 20.0 q/ha
- Dry fodder yield: 52.3 q/ha
- Maturity: 76 days
- Adaptation: *Kharif* season in Rajasthan, Gujarat and Haryana
- Developed by CCS Haryana Agricultural University, Hisar in collaboration with ICRISAT, Hyderabad under ICAR-All India Coordinated Research Project on Pearl millet

Year of release: 2021



## Finger Millet: VR 929 (Vegavathi)

(Pure line variety)

Iron  
131.8 ppm

- Rich in iron (131.8 ppm) in comparison to 25.0 ppm in popular varieties
- Grain yield: 36.1 q/ha
- Dry fodder yield: 72.0 q/ha
- Maturity: 118 days
- Adaptation: *Kharif* season across country
- Developed by Acharya NG Ranga Agricultural University, Guntur under ICAR-All India Coordinated Research Project on Small Millets

Year of release: 2020



## Finger Millet: CFMV1 (Indravati)

(Pure line variety)

Calcium  
428 mg/100g

Iron  
58.0 ppm

Zinc  
44.0 ppm

- Rich in calcium (428 mg/100g), iron (58.0 ppm) and zinc (44.0 ppm) in comparison to 200 mg/100g calcium, 25 ppm iron and 16 ppm zinc in popular varieties
- Grain yield: 31.1 q/ha
- Dry fodder yield: 84.4 q/ha
- Maturity: 113 days
- Suitable for rainfed condition
- Adaptation: *Kharif* season in Andhra Pradesh, Tamil Nadu, Karnataka, Puducherry and Odisha
- Developed by ARS, ANGRAU, Vizianagaram under ICAR-All India Coordinated Research Project on Small Millets

Year of release: 2020



## Finger Millet: CFMV 2

(Pure line variety)

Calcium  
454 mg/100g

Iron  
39.0 ppm

Zinc  
25.0 ppm

- Rich in calcium (454 mg/100g), iron (39.0 ppm) and zinc (25.0 ppm) in comparison to 200 mg/100g calcium, 25 ppm iron and 16 ppm zinc in popular varieties
- Grain yield: 29.5 q/ha
- Dry fodder yield: 86.1 q/ha
- Maturity: 120 days
- Suitable for rainfed condition
- Adaptation: *Kharif* season in Andhra Pradesh, Chhattisgarh, Gujarat, Maharashtra and Odisha
- Developed by Hill Millet Research Station, Navsari Agricultural University, Waghai under ICAR-All India Coordinated Research Project on Small Millets

Year of release: 2020



## Little Millet: CLMV 1

(Pure line variety)

**Iron**  
**59.0 ppm**

**Zinc**  
**35.0 ppm**

- Rich in iron (59.0 ppm) and zinc (35.0 ppm) in comparison to 25 ppm iron and 20 ppm zinc in popular varieties
- Grain yield: 15.8 q/ha
- Dry fodder yield: 55.5 q/ha
- Maturity: 100 days
- Suitable for rainfed condition
- Adaptation: *Kharif* season in Maharashtra, Andhra Pradesh, Telangana, Tamil Nadu and Puducherry
- Developed by ICAR-Indian Institute of Millets Research, Hyderabad

Year of release: 2020



## Lentil: Pusa Ageti Masoor

(Pure line variety)

Iron  
65.0 ppm

- Rich in iron (65.0 ppm) in comparison to 45.0-50.0 ppm in popular varieties
- Grain yield: 13.0 q/ha
- Maturity: 100 days
- Medium seed with orange cotyledon
- Suitable for rainfed condition
- Adaptation: *Rabi* season in Uttar Pradesh, Madhya Pradesh and Chhattisgarh
- Developed by ICAR-Indian Agricultural Research Institute, New Delhi

Year of release: 2017



## Lentil: IPL 220

(Pure line variety)

**Iron**  
**73.0 ppm**

**Zinc**  
**51.0 ppm**

- Rich in iron (73.0 ppm) and zinc (51.0 ppm) in comparison to 45.0-50.0 ppm iron and 35.0-40.0 ppm zinc in popular varieties
- Grain yield: 13.8 q/ha
- Maturity: 121 days
- Suitable for rainfed conditions
- Adaptation: *Rabi* season in Eastern Uttar Pradesh, Bihar, Assam and West Bengal
- Developed by ICAR-Indian Institute of Pulses Research, Kanpur

Year of release: 2018



## Groundnut: Girnar 4

(Pure line variety)

Oleic acid  
78.5 %

- Rich in oleic acid (78.5 % in oil) in comparison to 45-52% in popular varieties
- Oil content: 53.0 %
- Protein content: 27 %
- Pod yield: 32.2 q/ha
- Kernel yield: 21.3 q/ha
- Maturity: 112 days
- Adaptation: *Kharif* season in Rajasthan, Karnataka, Gujarat, Tamil Nadu and Andhra Pradesh
- Developed by ICAR-Directorate of Groundnut Research, Junagadh

Year of release: 2020



## Groundnut: Girnar 5

(Pure line variety)

Oleic acid  
78.4 %

- Rich in oleic acid (78.4 % in oil) in comparison to 45-52% in popular varieties
- Oil content: 53.0 %
- Protein content: 26 %
- Pod yield: 31.2 q/ha
- Kernel yield: 21.3 q/ha
- Maturity: 113 days
- Adaptation: Kharif season in Rajasthan, Karnataka, Gujarat, Tamil Nadu and Andhra Pradesh
- Developed by ICAR-Directorate of Groundnut Research, Junagadh

Year of release: 2020



## Linseed: TL 99

(Pure line variety)

**Linoleic acid  
(58.9%)**

- High in linoleic acid (58.9 %) compared to 20-25 % in traditional varieties
- Low in linolenic acid (4.1 % in oil) in comparison to >40.0 % in popular varieties
- Oil content: 36.6 %
- Seed yield: 12.7 q/ha
- Maturity: 131 days
- Suitable for irrigated conditions
- Adaptation: Rabi season in Uttar Pradesh, Bihar, Jharkhand, West Bengal, Assam and Nagaland
- Developed by Bhabha Atomic Research Centre, Mumbai under ICAR-All India Coordinated Research Project on Linseed

Year of release: 2019



## Mustard: Pusa Mustard 30

(Pure line variety)

Erucic acid  
1.20 %

- Low in erucic acid (1.20 % in oil) in comparison to >40.0 % in popular varieties
- Oil content: 37.7 %
- Seed yield: 18.2 q/ha
- Maturity: 137 days
- Suitable for timely sown irrigated conditions
- Adaptation: *Rabi* season in Uttar Pradesh, Chhattisgarh, Uttarakhand, Madhya Pradesh and Rajasthan
- Developed by ICAR-Indian Agricultural Research Institute, New Delhi

Year of release: 2013



## Mustard: Pusa Double Zero Mustard 31

(Pure line variety)

Erucic acid  
0.76 %

Glucosinolates  
29.41 ppm

- Country's first Canola Quality Indian mustard variety
- Low in erucic acid (0.76 % in oil) and glucosinolates (29.41 ppm in seed meal) in comparison to >40.0 % erucic acid and >120.0 ppm glucosinolates in popular varieties
- Oil content: 41.0 %
- Seed yield: 23.0 q/ha
- Maturity: 142 days
- Suitable for timely sown irrigated conditions
- Adaptation: *Rabi* season in Rajasthan (North and Western parts), Punjab, Haryana, Delhi, Western Uttar Pradesh Plains of Jammu & Kashmir and Himachal Pradesh
- Developed by ICAR-Indian Agricultural Research Institute, New Delhi

Year of release: 2016



## Mustard: Pusa Mustard 32

(Pure line variety)

Erucic acid  
1.32 %

- Low in erucic acid (1.32 % in oil) in comparison to >40.0 % in popular varieties
- Oil content: 38.0 %
- Seed yield: 27.1 q/ha
- Maturity: 145 days
- Suitable for timely sown irrigated conditions
- Adaptation: *Rabi* season in Rajasthan (northern and western parts), Punjab, Haryana, Delhi, Western Uttar Pradesh, plains of Jammu & Kashmir and Himachal Pradesh
- Developed by ICAR-Indian Agricultural Research Institute, New Delhi

Year of release: 2020



## Mustard: Pusa Double Zero Mustard 33

(Pure line variety)

Erucic acid  
0.58 %

Glucosinolates  
15.17 ppm

- Low in erucic acid (0.58 % in oil) and glucosinolates (15.17 ppm in seed meal) in comparison to >40.0 % erucic acid and >120.0 ppm glucosinolates in popular varieties
- Oil content: 38.0 %
- Seed yield: 26.4 q/ha
- Maturity: 141 days
- Suitable for timely sown irrigated conditions
- Adaptation: *Rabi* season in Rajasthan (North and Western parts), Punjab, Haryana, Delhi, Western Uttar Pradesh Plains of Jammu & Kashmir and Himachal Pradesh
- Developed by ICAR-Indian Agricultural Research Institute, New Delhi

Year of release: 2021



## Mustard: RCH 1

(Pure line variety)

Erucic acid  
0.09 %

Glucosinolates  
19.49 ppm

- Low in erucic acid (0.09 % in oil) and glucosinolates (19.49 ppm in seed meal) in comparison to >40.0 % erucic acid and >120.0 ppm glucosinolates in popular varieties
- Oil content: 38.5 %
- Seed yield: 26.7 q/ha
- Maturity: 145 days
- Suitable for timely sown irrigated conditions
- Adaptation: *Rabi* season Jammu, Punjab, Haryana, Delhi and northern Rajasthan
- Developed by Punjab Agricultural University, Ludhiana under ICAR-All India Coordinated Research Project on Rapeseed and Mustard

Year of release: 2021



## Mustard: PGHS 1699 (GSH 1699)

(Pure line variety)

Erucic acid  
1.49 %

Glucosinolates  
20.34 ppm

- Low in erucic acid (1.49 % in oil) and glucosinolates (20.34 ppm in seed meal) in comparison to >40.0 % erucic acid and >120.0 ppm glucosinolates in popular varieties
- Oil content: 41.9 %
- Seed yield: 15.8 q/ha
- Maturity: 168 days
- Suitable for timely sown irrigated conditions
- Adaptation: *Rabi* season Punjab, Himachal Pradesh and Jammu & Kashmir
- Developed by Punjab Agricultural University, Ludhiana under ICAR-All India Coordinated Research Project on Rapeseed and Mustard

Year of release: 2021



## Soybean: NRC 127

(Pure line variety)

**Kunitz  
Trypsin  
Inhibitor Free**

- Country's first Kunitz Trypsin Inhibitor (KTI) free variety
- Free from KTI in comparison to 30-45 mg/g of seed meal in popular varieties
- Grain yield: 18.0 q/ha
- Maturity: 104 days
- Adaptation: *Kharif* season in Madhya Pradesh, Bundelkhand region of Uttar Pradesh, Rajasthan, Gujarat and Marathwada and Vidarbha region of Maharashtra
- Developed by ICAR-Indian Institute of Soybean Research, Indore

Year of release: 2018



## Soybean: NRC 132

(Pure line variety)

Lipoxygenase-2  
free

- Free from lipoxygenase-2 (Lox-2)
- Less beany flavour, suitable for making soybean milk and other products
- Grain yield: 22.9 q/ha [Southern zone (SZ)] and 16.5 q/ha [Eastern zone (EZ)]
- Maturity: 99 days (SZ) and 105 days (EZ)
- Adaptation: *Kharif* season in West Bengal, Bihar, Jharkhand, Chhattisgarh, Odisha, Southern Maharashtra, Karnataka, Telangana, Andhra Pradesh and Tamil Nadu
- Developed by ICAR-Indian Institute of Soybean Research, Indore

Year of release: 2020



## Soybean: NRC 147

(Pure line variety)

Oleic acid  
42.0%

- Rich in oleic acid (42.0 %) in comparison to 22-25 % in popular varieties
- Grain yield: 23.6 q/ha [Southern zone (SZ)] and 14.0 q/ha [Eastern zone (EZ)]
- Maturity: 96 days (SZ) and 100 days (EZ)
- Adaptation: *Kharif* season in West Bengal, Bihar, Jharkhand, Chhattisgarh, Odisha, Southern Maharashtra, Karnataka, Telangana, Andhra Pradesh and Tamil Nadu
- Developed by ICAR-Indian Institute of Soybean Research, Indore

Year of release: 2020



## Soybean: NRC 142

(Pure line variety)

Kunitz  
Trypsin  
Inhibitor  
Free

Lipoxygenase-2  
free

- Country's first double null variety for Kunitz Trypsin Inhibitor (KTI) and lipoxygenase-2 (Lox-2)
- Free from KTI in comparison to 30-45 mg/g of seed meal in popular varieties
- Free from lipoxygenase-2, thus less beany flavour
- Grain yield: 20.0 q/ha [Central zone (CZ)] and 22.2 q/ha [Southern zone (SZ)]
- Maturity: 96 days (SZ) and 97 days (SZ)
- Adaptation: *Kharif* season in Madhya Pradesh, Bundelkhand region of Uttar Pradesh, Rajasthan, Gujarat and Marathwada and Vidarbha region of Maharashtra, Southern Maharashtra, Karnataka, Telangana, Andhra Pradesh and Tamil Nadu (excluding rust prone areas on bank of river Krishna like Southern Maharashtra, entire area of Belagavi, Dharwad, Haveri, Bidar & Bagalkot district)
- Developed by ICAR-Indian Institute of Soybean Research, Indore

Year of release: 2021



## Soybean: MACSNRC 1667

(Pure line variety)

**Kunitz  
Tryptsin  
Inhibitor  
Free**

- Free from KTI in comparison to 30-45 mg/g of seed meal in popular varieties
- Grain yield: 20.5 q/ha
- Maturity: 96 days
- Adaptation: *Kharif* season Maharashtra, Karnataka, Telangana, Andhra Pradesh and Tamil Nadu (excluding rust prone areas on bank of river Krishna like Southern Maharashtra, entire area of Belagavi, Dharwad, Haveri, Bidar & Bagalkot district)
- Developed by Agarkar Research Institute, Pune and ICAR-Indian Institute of Soybean Research, Indore

Year of release: 2021



## Cauliflower: Pusa Beta Kesari 1

(Pure line variety)

Provitamin-A  
8.0-10.0 ppm

- Country's first provitamin-A rich cauliflower
- Rich in provitamin-A (8.0-10.0 ppm) in comparison to negligible content in popular varieties
- Curd yield: 40.0-50.0 t/ha
- Adaptation: National Capital Region of Delhi
- Developed by ICAR-Indian Agricultural Research Institute, New Delhi

Year of release: 2015



## Potato: Kufri Manik

( Variety)

Anthocyanin  
0.68 ppm

- Rich in anthocyanin (0.68 ppm) in comparison to negligible content in popular varieties
- High in antioxidants
- Tuber yield: 23.0 t/ha
- Maturity: 90-100 days
- Adaptation: Punjab, Eastern Uttar Pradesh, Bihar, West Bengal and Assam
- Developed by ICAR-Central Potato Research Institute, Shimla

Year of release: 2020



## Potato: Kufri Neelkanth

( Variety)

Anthocyanin  
1.0 ppm

- Rich in anthocyanin (1.0 ppm) in comparison to negligible content in popular varieties
- High in antioxidants
- Tuber yield: 36-38 t/ha
- Maturity: 90-100 days
- Adaptation: Punjab, Haryana and Uttar Pradesh
- Developed by ICAR-Central Potato Research Institute, Shimla

Year of release: 2020



## Sweet Potato: Bhu Sona

(Variety)

Provitamin-A  
14.0 mg/100g

- Rich in provitamin-A (14.0 mg/100g) in comparison to 2.0-3.0 mg/100g in popular varieties
- Tuber yield: 19.8 t/ha
- Dry matter: 27.0-29.0 %
- Starch: 20.0 %
- Total sugar: 2.0-2.4 %
- Adaptation: Odisha
- Developed by ICAR-Central Tuber Crops Research Institute, Thiruvananthapuram

Year of release: 2017



## Sweet Potato: Bhu Krishna

(Variety)

**Anthocyanin  
90.0mg/100g**

- Rich in anthocyanin (90.0 mg/100g) in comparison to negligible amount in popular varieties
- Tuber yield: 18.0 t/ha
- Dry matter: 24.0-25.5 %
- Starch: 19.5 %
- Total sugar: 1.9-2.2 %
- Salinity stress tolerant
- Adaptation: Odisha
- Developed by ICAR-Central Tuber Crops Research Institute, Thiruvananthapuram

Year of release: 2017



## Greater Yam: Sree Neelima

(Variety)

**Anthocyanin**  
50 mg/100g

**Protein**  
15.4 %

**Zinc**  
49.8 ppm

- Rich in anthocyanin (50.0 mg/100g), crude protein (15.4 %) and zinc (49.8 ppm) in comparison to negligible anthocyanin, 2.7 % crude protein and 22-32 ppm zinc in popular varieties
- Tuber yield: 35.0 t/ha
- Maturity: 240-270 days
- Adaptation: Kerala
- Developed by ICAR-Central Tuber Crops Research Institute, Thiruvananthapuram

Year of release: 2020



## Greater Yam: Da 340

(Variety)

**Anthocyanin**  
141.4 mg/100g

**Iron**  
136.2 ppm

**Calcium**  
1890 ppm

- Rich in anthocyanin (141.4 mg/100g), iron (136.2 ppm) and calcium (1890 ppm) in comparison to negligible anthocyanin, 70-120 ppm iron and 800-1200 ppm calcium in popular varieties
- Tuber yield: 80.0 t/ha
- Maturity: 240-270 days
- Adaptation: Kerala
- Developed by ICAR-Central Tuber Crops Research Institute, Thiruvananthapuram

Year of release: 2020



## Pomegranate: Solapur Lal

(Variety)

**Iron**  
5.6-6.1  
mg/100g

**Zinc**  
0.64-0.69  
mg/100g

**Vitamin-C**  
19.4-19.8  
mg/100g

- Rich in iron (5.6-6.1 mg/100g), zinc (0.64-0.69 mg/100g) and vitamin-C (19.4-19.8 mg/100 g) in fresh arils in comparison to 2.7-3.2 mg/ 100g iron, 0.50-0.54 mg/100g zinc and 14.2-14.6 mg/100g vitamin-C in popular variety 'Ganesh'.
- Fruit yield: 23.0-27.0 t/ha
- Adaptation: Semi-arid regions of the country
- Developed by ICAR-National Research Centre on Pomegranate, Pune

Year of release: 2017

## Summary of biofortified varieties

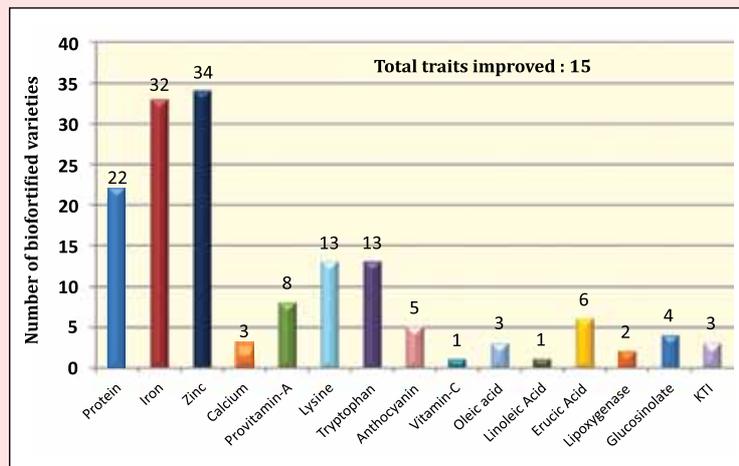


Figure 1: Trait-wise biofortified cultivars developed through breeding

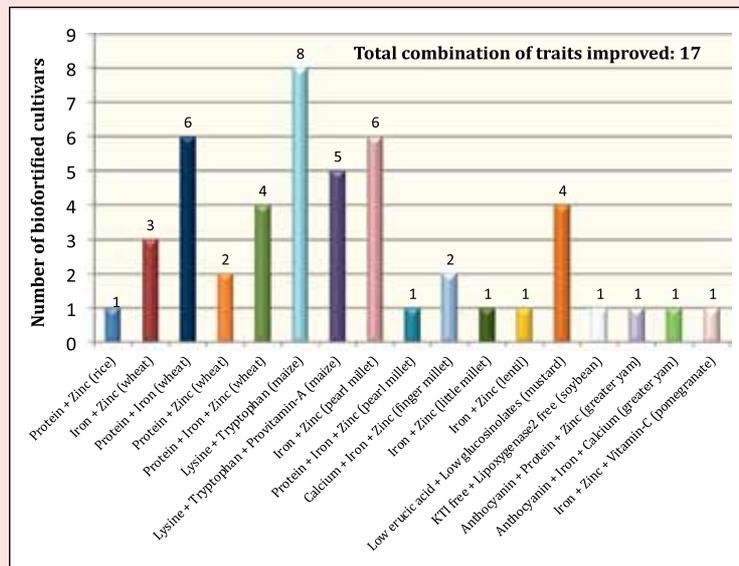
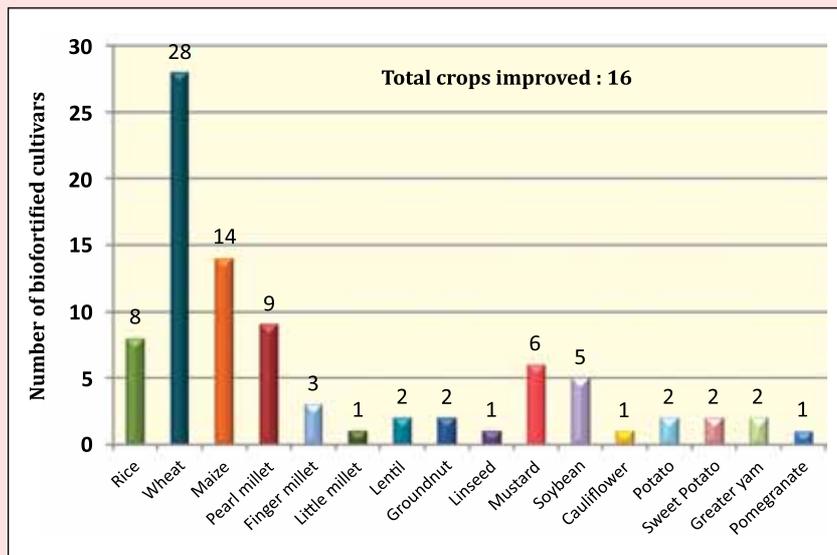
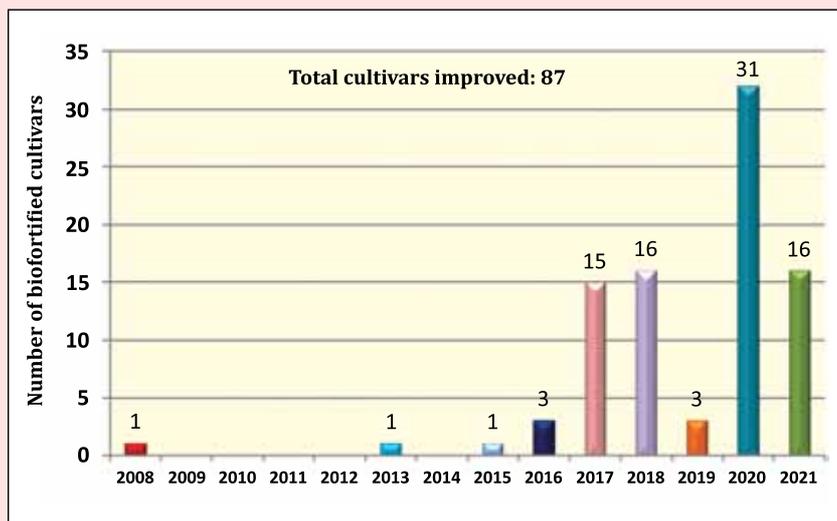


Figure 2: Multinutrient-rich biofortified cultivars developed through breeding

## Summary of biofortified varieties



**Figure 3: Crop-wise biofortified cultivars developed through breeding**



**Figure 4: Year-wise release of biofortified cultivars developed through breeding**



## Nutrients: Baseline & levels achieved

S. No.	Crop	Nutrient	Baseline levels	Levels achieved
<i>Nutritional factor</i>				
1.	Rice	Protein	7.0-8.0 %	>10.0 %
2.		Zinc	12.0-16.0 ppm	>20.0 ppm
3.	Wheat	Protein	8-10 %	>12.0 %
4.		Iron	28.0-32.0 ppm	>38.0 ppm
5.		Zinc	30.0-32.0 ppm	>37.0 ppm
6.	Maize	Provitamin-A	0.5-1.5 ppm	>5.0 ppm
7.		Lysine	1.5-2.0 %	>2.5 %
8.		Tryptophan	0.3-0.4 %	>0.6 %
9.	Pearl Millet	Protein	8.0-9.0 %	>15.0 %
10.		Iron	45.0-50.0 ppm	>70.0 ppm
11.		Zinc	30.0-35.0 ppm	>39.0 ppm
12.	Finger Millet	Iron	25.0 ppm	>38.0 ppm
13.		Zinc	16.0 ppm	>24.0 ppm
14.		Calcium	200.0 mg/100g	>400.0 mg/100g
15.	Small Millet	Iron	25 ppm	>55 ppm
16.		Zinc	20 ppm	>33 ppm
17.	Lentil	Iron	45.0-50.0 ppm	>62.0 ppm
18.		Zinc	35.0-40.0 ppm	>50.0 ppm
19.	Groundnut	Oleic acid	45.0-52.0 %	>70.0 %
20.	Linseed	Linoleic acid	20-25 %	>58 %

Contd...



## Nutrients: Baseline & levels achieved

S. No.	Crop	Nutrient	Baseline levels	Levels achieved
21.	Soybean	Oleic acid	22-25 %	>40.0 %
22.	Cauliflower	Provitamin-A	Negligible	>8.0 ppm
23.	Potato	Anthocyanin	Negligible	>0.60 ppm
24.	Sweet Potato	Provitamin-A	2.0-3.0 mg/100 g	>13.0 mg/100g
25.	Potato	Anthocyanin	Negligible	>80.0 mg/100g
26.	Greater Yam	Anthocyanin	Negligible	>45.0 mg/100g
27.		Iron	70-120 ppm	>135.0 ppm
28.		Zinc	22-32 ppm	>48.0 ppm
29.		Calcium	800-1200 ppm	>1800 ppm
30.		Protein	2.7 %	>15.0 %
31.	Pomegranate	Iron	2.7-3.2 mg/100g	>5.0 mg/100g
32.		Zinc	0.50-0.54 mg/100g	>0.6 mg/100g
33.		Vitamin-C	14.2-14.6 mg/100g	>19.0 mg/100g
<i>Anti-nutritional factor</i>				
34.	Mustard	Erucic acid	>40.0 %	<2.0 %
35.		Glucosinolates	>120.0 ppm	<30.0 ppm
36.	Soybean	Kunitz trypsin in-hibitor	30-45 mg/g of seed meal	Negligible
37.		Lipoxygenase	High beany flavour	Low beany flavour



## Breeder seed production

**11195.6 q of breeder seeds have been produced as per the indents received from Department of Agricultural Cooperation and Farmers' Welfare.**

S. No.	Cultivar	2016-17 (q)	2017-18 (q)	2018-19 (q)	2019-20 (q)	2020-21 (q)	Total (q)
<b>Rice</b>							
1.	CR Dhan 310	23.00		5.30	48.00	25.00	101.30
2.	DRR Dhan 45	42.00	1.80	0.00	5.95	17.00	66.75
3.	DRR Dhan 48					3.00	3.00
4.	DRR Dhan 49					1.20	1.20
5.	Zinco Rice MS				16.20	52.20	68.40
6.	CR Dhan 311		1.00	1.00	3.00	10.00	15.00
<b>Wheat</b>							
7.	WB 02	152.95	605.30	155.50	445.00	517.00	1875.75
8.	HPBW 01			153.00	200.00		353.00
9.	HI 8759	80.00	386.00	360.00	960.00	572.95	2358.95
10.	HI 1605	52.00	80.50	194.40	120.00	123.50	570.40
11.	HD 3171	15.00	20.52	88.00	120.00	116.20	359.72
12.	MACS 4028					11.00	11.00
13.	PBW 752				84.00	66.00	150.00
14.	PBW 757				60.00	40.00	100.00
15.	DBW 187			647.22	1305.00	1386.40	3338.62
16.	DBW 173			335.00	321.00	276.00	932.00
17.	UAS 375			16.50	15.00	17.00	48.50



## Breeder seed production

18.	HD 3249				10.00	20.00	30.00
19.	PBW 771					1.00	1.00
20.	DDW 47				35.00	85.20	120.20
21.	HI 8802				10.00	18.00	28.00
22.	HI 8805				10.00	18.00	28.00
23.	HI 8777					125.00	125.00
<b>Pearl millet</b>							
24.	HHB 299			0.60	6.70		7.30
25.	AHB 1200 Fe			0.60	16.10		16.70
26.	AHB 1269 Fe						0.00
27.	ABV 04				0.35		0.35
28.	Phule Mahashakti				3.30		3.30
29.	RHB 233			1.00		2.55	3.55
30.	RHB 234					0.02	0.02
<b>Finger millet</b>							
31.	VR 929					12.00	12.00
32.	CFMV 1					20.20	20.20
<b>Lentil</b>							
33.	Pusa Ageti Masoor		27.50	40.80	26.00	21.15	115.45
34.	IPL 220			5.74	43.00	5.00	53.74



Mustard							
35.	Pusa Mustard 30	4.00	5.10	6.40	7.00	14.00	36.50
36.	Pusa Double Zero Mustard 31	1.00	0.90	2.00	3.50	3.50	10.90
Soybean							
37.	NRC 127					7.00	7.00
Groundnut							
38.	Girnar 4					20.00	20.00
39.	Girnar 5					20.00	20.00
40.	<b>Total</b>	<b>369.95</b>	<b>1128.62</b>	<b>2013.06</b>	<b>3874.10</b>	<b>3627.07</b>	<b>11012.80</b>



## Scaling-up through partnership

The biofortified varieties have been licensed to various private seed companies and Farmers Producer Organizations (FPOs)

Sr. No.	Crop	Name of cultivar	No. of licenses
1.	Wheat	DBW 187	229
		DBW 303	204
		DBW 173	54
2.	Rice	DRR Dhan 45	4
		CR Dhan 310	2
3.	Maize	LQMH 1	2
4.	Pearl millet	HHB 299	5
		HHB 311	4
5.	Mustard	Pusa Mustard 30	6
		Pusa Double Zero Mustard 31	3
		Pusa Mustard 32	1
6.	Soybean	NRC 127	4
7.	Potato	Kufri Neekanth	5
		Kufri Manic	1
8.	Pomegrante	Sholapur Lal	7
	<b>Total</b>		<b>531</b>



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सत्यमेव जयते

*For details contact:*

**Assistant Director General (Seed)**

**Indian Council of Agricultural Research**

Krishi Bhavan, Dr. Rajendra Prasad Road, New Delhi-110 001

Email: [adgseed.icar@nic.in](mailto:adgseed.icar@nic.in); Phone: 011-23382257, 23046457

[www.icar.org.in](http://www.icar.org.in)



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